



PASADENA ROTARY CLUB ROTARY INTERNATIONAL

SPOKES NEWSLETTER

DISTRICT 5300 * Rotary Club 794 * June 12, 2020 * #632
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This Week's Program

SO LONG, FAREWELL...

President Scott's Final Meeting



Song Leader: Cory Brendel and Don Andruess



Pasadena Rotary Club is inviting you to a scheduled Zoom meeting.

Topic: Pasadena Rotary Club Weekly Meeting – June 17, 2020 at noon

Time: Jun 17, 2020 12:00 PM Pacific Time (US and Canada)

Join Zoom Meeting

[https://us02web.zoom.us/j/83115020068?
pwd=OTRBUVNuT01jUnFxQkdkeUNGa2VhQT09](https://us02web.zoom.us/j/83115020068?pwd=OTRBUVNuT01jUnFxQkdkeUNGa2VhQT09)

Meeting ID: 831 1502 0068

Password: 961626

-
NOTE:

IN ACCORDANCE WITH STATE AND COUNTY MANDATES AND FOLLOWING PHASED IN REOPENING OF GATHERED GROUPS, AND IN CONSIDERATION OF THE SAFETY AND WELL-BEING OF THE PASADENA ROTARY CLUB MEMBERSHIP:

**PASADENA ROTARY IN-PERSON MEETINGS ARE CANCELLED UNTIL FURTHER NOTICE.
PRESIDENT ELECT KEN JOE'S FIRST MEETING – JULY 1ST
WILL BE ON ZOOM.**

MORE INFORMATION ABOUT MEETING CLOSURE WILL BE FOUND HERE SHORTLY –
PRESIDENT ELECT KEN JOE WILL REPORT ON THE STATUS IN THE TIME AHEAD.

THIS MAY CHANGE, AND AS THE STATE OF CALIFORNIA'S PLANS TO REOPEN BUSINESSES AND GROUP MEETINGS UNFOLD, WE WILL KEEP EVERYONE UPDATED ON THE STATUS OF PASADENA ROTARY CLUB'S IN-PERSON MEETINGS.

SEE ABOVE FOR VIRTUAL MEETING INVITATION – SEE YOU THERE!



by President Scott Vandrick



How fun to time travel from the future and join you for our annual Teachers of Excellence program this week. I was touched that **Joe Lonergan** was able to join us on the meeting and I hope he was as proud as I was during the program.

On Wednesday, masquerading as the mayor of Munchkin City (with the Mayor of Pasadena watching – third from the left), I was thrilled to be sharing our final time machine with all of you, as well as our final time capsule – a snapshot of what past decade believed would be in the future... in our future. What this exploration of our past has taught me this year (among so many things!) is that we're only limited but what we **THINK** we can do. I encourage every Rotarian to keep dreaming big!

[Click here to watch the final TIME CAPSULE – THE FUTURE...](#)



Watch Video

I have been so proud of all of our accomplishments, and appreciate every one of you sharing this journey with me. Next Wednesday is my chance to say thank you. You trusted me with this position – you believed in me, encouraged me and you showed up (always important!) and that is what made our Centennial Year so successful. No one works alone, and I'm incredibly humbled by all of my Rotarian friends who cheered me on, served in invaluable roles and said, simply, "let's just try it!"

See you at our next meeting, Pasadena Rotary Club, when I bid you farewell but not goodbye. I'll remain by your side, working with you to promote goodwill and better fellowships in the world we all share.

Yours in service,

President Scott, 2019–2020

Scout Zone

By Justene Adamec, Bureau Chief





President Scott, having arrived from the distant future, welcomes Rotarians and guests.

It's our last time machine day. Where did this year go? **President Scott Vandrick** leapt out of the machine dressed in ... well, see for yourself. The pictures are worth a thousand words. He returned from the future, talking robotically. We soon discovered he was just kidding and we'll talk the same way as we do now.

Some other tidbits from the future– With our 16 partner clubs, we just completed the Hoverboards for Christmas, which **Past President Kathy Meagher** started way back when.

Past President Mary Lou Byrne's award-winning script for **Past President Scott's** demotion is still playing in regional theaters around the globe. Rotary has finally eradicated polio!

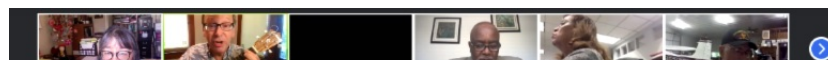
I hope that this foreknowledge won't change the timeline. I hate temporal mechanics.

The video time capsule showed how visionaries of the last ten decades viewed the future. President Scott left it to us to decide whether his hair turned white because of the stress of the Centennial Year. Ending out the opening segment, President Scott thanked Robert Lyons of Robert Lyons Designs, as well as Robert's father, Dan, and Robert's son, Matt, for their design and construction and transport of the time machine.

President Elect Elect Cory Brendel led us in singing [*I Can Tell We're Gonna be Friends*](#) by White Stripes, a song well suited to the Teachers of Excellence Awards.

Past President Bob Monk gave the inspiration, sharing the story of being gravely injured in Vietnam. While he lay gravely injured, he bargained with God to let him live and he would not

waste his life. Months later, he



was able to start a school in a nearby village and would go on to serve others in so many ways. He shared two quotes:

Mark Twain: "The two most important days in your life are the day you are born, and the day you find out why." Ralph Waldo Emerson: "What lies behind you, and what lies in front of you, pales in comparison to what lies inside you."

President Scott thanked **Past President Joe Lonergan** for starting Teachers of Excellence in 1991.

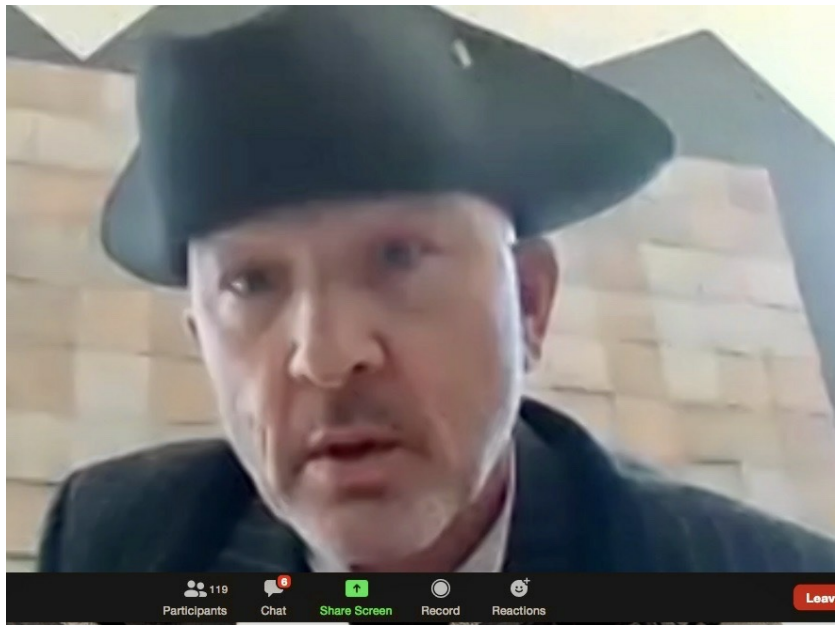


President Elect Cory Brendel accompanied by his ukulele.

We inducted a great new member, sponsored by **Robert Lyons**. **Josh Betta** served as the CFO of one LA County water district and five Los Angeles County city governments, including being the first CFO in the City of Bell after that city's infamous municipal scandal.

Announcements:

Mary Chalon announced that Friday, the day you receive this edition, is the last day to drop off food items for Friends in Deed. Drop-off at **President Elect Cory's** house or contact Mary for pickup. No refrigerated items.



Newest member Josh Betta is inducted.

Dean Billman donated \$5,000 in memory of his father, who recently passed away. \$4,000 to the Pasadena Rotary Foundation and \$1000 to Rotary International's Polio Plus campaign.

Dave Mans donated to the Polio Pig to share that the surgery on his right hip was successful.

Past President Mary Lou announced demotion will take place **Wednesday, June 24** at 6 p

m. The University Club will have a special take out menu for \$30 a person. There are limited socially distanced seats available at the club to watch the demotion on the big screen. See menu below.

Co-chair **Del Lile** introduced the Teachers of Excellence program. Each of you received the program by email so you can read all about this year's recipients. **Del** explained the selection process. Each teacher is nominated by their principal and has to fill out the

application, including 3 essays by the teacher and 3 more by others. The committee received 22 applications which meant 128 essays that the committee had to read

received 23 applications which meant 138 essays that the committee had to read.

The field was narrowed to 10 semi-finalists but COVID-19 prevented the usual in-classroom observations. So there were Zoom interviews. Covid-19 also prevented the making of the special videos about the teachers that were so well received in prior years.

Co-chair **Del Lile** thanked the TOE committee: Rotarians **Edsel D'Souza, Eric Duyshart, Hassan Kheradmandan, Wende Lee, Phyllis Mueller** and 2019 TOE winners Elizabeth Najera Bustillos, Patricia Fontenot Hughes, Cynthia Macias and Kathy Onoye, Pasadena Educational Foundation.

Also in attendance and mailing Certificate of Recognition were Mayor **Terry Tornek**, School Board Members Patrick Cahalan, Elizabeth Pomeroy, Kim Kenne, Michelle Richardson Bailey and representatives of Congresswoman Judy Chu, State Senator Anthony Portantino and State Assemblyman Chris Holden.

Superintendent **Brian McDonald**, also a Pasadena Rotarian, was introduced and spoke about his pride in the PUSD teachers being honored:

"The coronavirus pandemic showed us, more than ever before, the importance of teachers, and I appreciate the Rotary Club of Pasadena for continuing with this tradition of honoring teachers during these uncertain times. PUSD teachers rose to the challenge, continuing teaching and learning online, demonstrating their care for our students, and providing a sense of stability. In this year's Rotary Teachers of Excellence we see compassionate, out-of-the-box thinkers, always chasing unconventional solutions to emerging problems. Congratulations to this year's honorees!"

Co-chair **Lisa Cavelier** then presented the Pasadena Rotary 2020 Teachers of Excellence **Winners** with brief classroom photos and each teacher presented had an opportunity to say a few words.

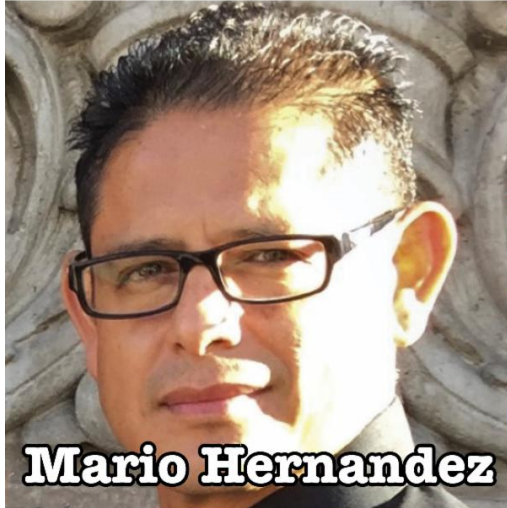


TEACHERS
of Excellence

2020



Marysia Narvaez



Mario Hernandez



John Newell



Lauren Partma



Eric Gothold

Eric Gothold, Rose City High School; 28 years in PUSD; Photography and Studio Art Teacher

Mario Hernandez, John Muir High School; 26 years in PUSD; Honors Math Teacher

Marysia Narvaez, Marshall Fundamental School; 20 years in PUSD; 6th Grade Teacher

John Newell, Jackson Stem Dual Language Magnet Academy; 15 years in PUSD; K–5 Science Teacher

Lauren Partma, William McKinley School of the Arts; 6 years in PUSD; 6th Grade English/History Teacher.

The teachers each received \$1,500 and their schools received \$500. **BUT WAIT!** Because

it's our Centennial Year and we raised so much money, each teacher got an additional \$1,000 for a total of \$2,500 for each teacher. Hearing this announcement, several

teachers were observed teary-eyed.

Erika Endrijonas had to leave so her written toast was read by Alex Boekelheide. Part of her toast was she "can see now, joining this group for lunch as has been going on for 100 years, how much your dedication to your fellow neighbors materializes every week, in everything you do."

President Scott quoted Doc Brown as we prepared to leave – "Roads, we don't need no roads where we're going..." – and jumped onto the time machine platform and disappeared before our eyes. Before he left, however, he said "you have the power – go connect the world!"

ROTARY DONE-IN-A-DAY IS NOT DONE! FRIENDS IN DEED FOOD DRIVE!!

FRIENDS IN DEED is an interfaith organization that provides supportive services to meet basic human needs, so our homeless and at-risk neighbors can rebuild their lives.



THE FOOD PANTRY PROGRAM. The Food Pantry provides food assistance to low-income and no-income families in the greater Pasadena/Altadena area. The households served are made up of "working poor" individuals, senior citizens and people with disabilities on fixed incomes, and those who are experiencing homelessness. This allows many of the families to offset the rising cost of food to pay for rent or other monthly necessities. **The Pantry is set up like a neighborhood market where community members can come in and select their own groceries.** The shelves are stocked with canned goods, dry goods, juice, cereal, and other shelf

stable foods. This dynamic and compassion-driven program is one of FRIENDS IN DEED'S largest and farthest-reaching.

HOW ARE WE HELPING? Donating food safely.

WHEN? Saturday, June 13, 2020, in the afternoon.

THE FOOD:

The Gold Items – NEED MOST: Canned tuna/chicken. Hearty Soups. Beef Stew. Chili, Peanut Butter, Cereal, Rice, Cooking Oil, Flour, Sugar, Coffee, and can openers

Dried Beans, Pasta, Oats, Other Whole Grains

Milk: Shelf Stable or Powdered

Other: Jelly, Tomato Sauces, Soups, Other Baking Items

Single Serve pop-top cans, single serving food (such as applesauce, Capri sun, raisins, granola bars) for homeless clients.

START DELIVERING NOW TO CORY. ADDRESS: 815 N. Mentor Avenue, Pasadena, CA 91104, old Craftsman bungalow, green with mustard-colored

stucco columns. NW corner of Boylston and Mentor. Text Cory the day you are delivering please, so he knows to look for it. 818 636-3435.. There will be

boxes outside on the porch. Expect the dogs to loudly announce your arrival, there is nothing I can do about that. MASKS APPRECIATED.
DEADLINE FOR DELIVERIES TO CORY: FRIDAY JUNE 12 IS THE LAST DAY
OR contact Mary for food pick and delivery at mary@parsonsnose.com



CORY'S UPDATE: SPOTLIGHT ON DEBI KROMAN!!!

Debi just delivered to my house 9 grocery bags full of the items the Food Pantry needs most: Rice, cooking oil, coffee, sugar, flour, peanut butter, canned tuna, chicken, chili, stew, and more. DEBI got it going - now here's Mary with 6 bags and Kathy with 8 bags - Cory shared a photo of the bags being donated - Keep it coming and THANK YOU Pasadena Rotarians!!! - Cory and Mary.

Direct questions to Cory at corybrendel@sbcglobal.net





Hey, you! Yes, YOU!

**Save the date for the Demotion of our Time Travelin'
Centennial President, Scott "Zoomerific" Vandrick!**

Wednesday, June 24 at 6:00 p.m.

Zoom details and special U Club Takeout Menu to follow.

Special Time Traveler Package for Demotion \$30 per person

Entrée: Braised Boneless Short Rib served with Garlic Mashed Potatoes, Green Beans and Shallots (or substitute Pan Seared Salmon)

Dessert: Cheesecake Brulee

Cocktail: The Time Travel-tini (Bombay Sapphire Gin stirred with Green Chartreuse, Luxardo Maraschino, and fresh lime juice) (or substitute red or white wine)

Take out or dine in.

Special social distanced seating with Demotion on the big screen! Seating VERY limited -- contact the U Club for reservations or more information! 626-793-5157

MEMBER RESOURCES:

Rotary International and PolioPlus Responding to the Covid-19 Challenge

A program begun by Rotary is employing thousands of health workers to address the Covid-19 pandemic. The program is the Global Polio Eradication Initiative (GPEI) which includes Rotary's PolioPlus program. From the earliest days of polio eradication in the Philippines, the generosity and advocacy of Rotarians and our partners has nearly stopped polio, stopped Ebola from becoming an epidemic in Nigeria and now responds to COVID-19. [READ MORE HERE...](#)

Rotary



District 5300

The leadership of **Rotary International District 5300** is offering a webpage of COVID-19 resources for members, their families and their business during this difficult time. Click on the logo or [HERE for more information.](#)

THE UNIVERSITY CLUB OF PASADENA is now offering curbside pickup for lunch and dinner to go Monday-Friday! Simply call (626) 793-5157 to place your order between 10am-3pm and schedule your curbside pickup between 11:30am-6pm. When you arrive to pickup your order, call the Club and a member of their staff will take your order to your car with gloved hands. During these unprecedented times, the University Club hopes their service can help make your days easier. Pasadena Rotarians can have meals charged to their Rotary accounts!

YOGA BY KEN

Chair Yoga Poses & Exercise by Past President **Ken Hill**

Demonstrated by Board Member **Michele Ferroni**





Lift your legs to horizontal position.

Lift the chest to protect the lower back and bicycle you legs for a count of ten.

Breathe at a normal rate as much as possible.

Controlling the breath is an important part of all these exercises.

Good for abs, lower back and quadriceps.

Happy Birthday To These Rotarians!

| | |
|---------------------|---------|
| Hassan Kheradmandan | June 12 |
| Jennifer Berger | June 14 |
| Marshall Fuss | June 14 |
| Julie Gutierrez | June 14 |
| Ellen Simon | June 16 |
| Victoria Alsabery | June 17 |

Rotaversaries!

| | | |
|------------------|---------|----------|
| Geoff Johansing | 6/12/02 | 18 years |
| Chuck Carroll | 6/15/05 | 15 years |
| George Falardeau | 6/17/15 | 5 years |
| Kathy Meagher | 6/17/87 | 33 years |

Upcoming Program

June 24 NO MEETING - DARK

June 24 DEMOTION OF PRESIDENT SCOTT at 6:00 pm on Zoom

SPOKES is a weekly newsletter published by the Rotary Club of Pasadena.

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*Complimentary Valet Parking

Should you have questions regarding this publication, please call us at 626-683-8243 or send us an email to office@pasadenarotary.com.

Visit our website www.pasadenarotary.com



See you on Wednesday!